

*As discussed on
The Doctors Show,
The Doctor Oz
Show. and Dr.
Mercola online.*

*“micro-accelerations
force your muscles
to accommodate,
resulting in dramatic
improvement in
strength, power,
flexibility, balance,
tone and leanness.
But that's not all...”
– Dr. Mercola**

**The benefits of vibration
therapy include:**

Increasing physical strength,
dexterity, and endurance

Increasing metabolism (fat burning
capability)

Increasing bone strength, density
and protecting against
osteoporosis

Decreasing cellulite

Increasing blood circulation

Improving skin tone/tightness

Lowering blood pressure

Removing toxins by stimulating
the lymphatic system

Increasing mobility, flexibility,
coordination and balance

Reducing joint and back pain

Relieving stress

* See good-vibrations-4-life.com
for more benefits

Whole body vibration can be the key
to achieving your fitness goals.
Decades of research and use by
health professionals in hospitals,
physiotherapy and chiropractic
practices have proven its
effectiveness. It is being used by
countless professional athletes
including players in the NFL, NBA,
CFL and NHL. Celebrities and their
trainers also swear by their vibration
machines!

*The Power Plate -- A Valuable Exercise
Tool for Prevention and Treatment of
Fibromyalgia and Brittle Bones
- Dr. Mercola, November 23, 2012

Total body fitness can be easier than a walk in the park!

Safe, gentle and easy!
Ideal for losing weight!

**Vibration therapy's
list of benefits is
extensive!**

**Don't be fooled by
inferior look-alikes!**

Compare our superior
features:

- * Higher power motor
maximum Power:
2.00 hp
- * Able to accommodate
up to 440 pounds
(200 kg)
- * Taller frame, by 2"
(5 cm) for users 6ft+
- * Speed / Frequency
settings: 0 - 50 Hz
- * Pre-programmed
routines: 3
- * incl. stretch bands &
remote control for
floor exercises
- * Amplitude: 1 -12 mm
- * Certifications: CE,
ISO 9001 and UL
approval
- * Warranty: 2 years

**Comparatively the most
powerfull vibration
machine you can buy - at
the most competitive
price!**

**Suitable for every
application from a single
individual to a commercial
gym!!**



**The Good Vibrations 4 Life™
GVM™**

GOOD VIBRATIONS 4 LIFE!

Good Vibrations 4 Life Inc., www.good-vibrations-4-life.com

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Strong and safe!

Comparatively the best vibration machine you can buy!

Gentle and easy - that's the GVM's oscillating motion - inducing an effect on your legs, hips and trunk similar to going for a brisk walk.

Compare our superior features!

- * **Higher power motor** - Maximum Power: 2.00 hp. Low-power motors in other machines will burn out under ongoing usage or heavy weight. The GVM is suitable for multiple users and individuals of all sizes.
- * **Able to accommodate up to 440 pounds (200 kg)**. The GVM is built to last, with a strong frame and internal components.
- * **Taller frame, by 2" (5 cm)**. A taller frame allows anyone, short or tall, to be comfortable using the GVM. Suitable for users 5 feet tall to well over 6 feet.
- * **It's safe!** Sturdy handholds, and multiple grip points allow for comfort and safety in a variety of exercise positions.
- * **Frequency Settings: 5 - 50 Hz**** - with adjustment in increments of 1/10 Hz. This provides more than enough range and fine adjustment to suit everyone from a beginner to a professional athlete.
- * **Preprogrammed workouts:** three preprogrammed routines are provided to make planning your sessions and getting in shape simple and straightforward.
- * **Including stretch bands & the only remote control** for floor exercises. You can do more than just the usual standing exercises, if you like, with the GVM. We give you the extras!
- * **Amplitude: 1 -12 mm**. just stand closer or farther from the center of the platform, and you can get a greater or lesser effect. This allows for easy adjustment anytime.
- * **Certification:** CE, ISO 9001 and UL approved for quality and safety.
- * **Warranty: 2 years**. We provide a safe, sturdy and powerful machine. We also back it up with a warranty equal to the best in the industry. You will enjoy the effects of your GVM for years to come!

It feels good! Your muscles work effortlessly while you burn calories and get fit!

Call now to find out how you can benefit from Good Vibrations 4 Life's amazing technology!



Built to last!

** Please note: frequencies of 30 Hz or more are not advisable, except with professional consultation.

email us at: info@goodvibrations4life.com

Visit us on the web at: www.goodvibrations4life.com