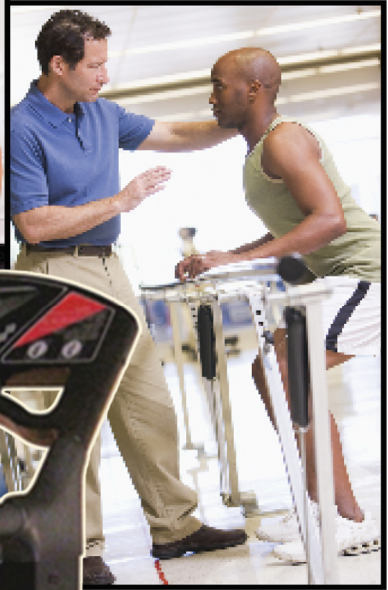
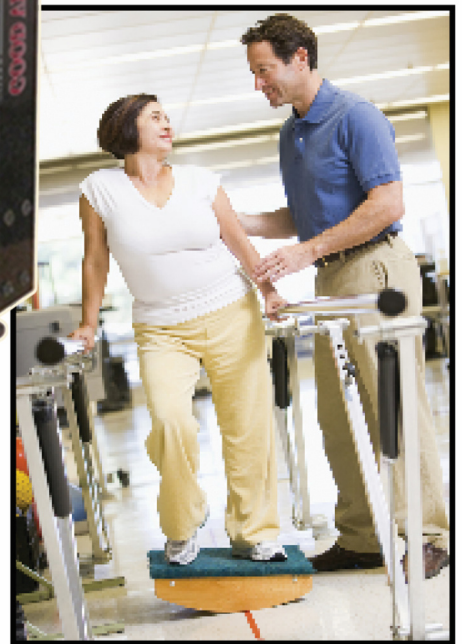


# Looking for improved recovery from injury?



Vibration therapy can

assist and accelerate recovery



*Good Vibrations 4 Life*™  
presents the  
**GVM**™

...through the stimulation of balance, coordination, strength, bone density and more...

# The Results of Vibration Therapy Speak for Themselves

*Due to health difficulties related to diabetic neuropathy, my dad could only stand for small periods of time and was unable to walk any distance. Vibration therapy was the only kind of exercise he could do, and it helped him gain back his mobility. We are very grateful for vibration therapy since, without it, my father might not have survived.*

- Jason Larson, founder GV4L Inc., Gabriola Island, BC, Canada

*"About 15 minutes of vibration exercise produces similar results to those achieved through one hour of conventional resistance training"... "It also produces less stress on joints and ligaments and tendons."*

*"Vibration Therapy Stimulates Muscles Weakened in Spinal Cord Injuries" - Detroit Medical Center*

*"...sedentary and elderly individuals have demonstrated significant gains in most measures of muscle performance, similar with comparable traditional resistance exercise training programs."*

- Current Sports Medicine Reports, May/June 2008

*"The improvement of postural stability in the WBVT group was significantly greater than CT (conventional training) group." ... "Whole body vibration training improved proprioception and balance in ACL reconstructed athletes."*

- British Journal of Sports Medicine January 8, 2008

## **Vibration therapy has many benefits particularly applicable to recovery from injury:**

- Increasing physical strength and endurance
- Increasing metabolism (fat burning capability)
- Increasing bone strength, density and protecting against osteoporosis
- Increasing blood circulation
- Lowering blood pressure
- Removing toxins by stimulating the lymphatic system
- Increasing mobility, flexibility, coordination and balance
- Reducing joint and back pain

## **The GVM: Comparatively the best vibration machine you can buy!**

- \* **Higher power motor** - Maximum Power: 2.00 hp.
- \* **Able to accommodate up to 440 pounds (200 kg).**
- \* **It's safe!** Sturdy handholds, and multiple grip points allow for comfort and safety in a variety of exercise positions.
- \* **Frequency Settings: 5 - 50 Hz** - with adjustment in increments of 1/10 Hz.
- \* **Including stretch bands & the only remote control** for floor exercises. We give you the extras!
- \* **Amplitude: 1 -12 mm.** just stand closer or farther from the center of the platform, and you can get a greater or lesser effect. This allows for easy adjustment anytime.
- \* **Certification:** CE, ISO 9001 and UL approved for quality and safety.
- \* **Warranty: 2 years.** We provide a safe, sturdy and powerful machine. We also back it up with a warranty equal to the best in the industry. You will enjoy the effects of your GVM for years to come!

***Gentle and easy - that's the GVM's oscillating motion - inducing an effect on your legs, hips and trunk similar to going for a walk.***

*Call now to find out how you can benefit from Good Vibrations 4 Life's amazing technology!*



*Strong and safe!  
Built to last!*

**email us at: [info@goodvibrations4life.com](mailto:info@goodvibrations4life.com)**

**Visit us on the web at: [www.goodvibrations4life.com](http://www.goodvibrations4life.com)**

Good Vibrations 4 Life Inc. 215 Eastom Rd Gabriola Island, BC, Canada V0R 1X2 Ph. 250-247-9780

Good Vibrations 4 Life, Good Vibrations 4 Life Inc. and GVM are trademarks of Good Vibrations 4 Life Inc. Copyright Good Vibrations 4 Life Inc.