

You've worked hard to secure
your financial future...

Now it's time
to invest in your health,
so you'll be around to enjoy it.



The Good Vibrations 4 Life GVMTM

*Executive quality, total body fitness
for just 10 minutes a day.*

Obesity and diseases caused by lack of exercise are at record levels. Don't be at risk for heart disease, stroke and diabetes. Just 10 minutes a day can put you on track toward total body fitness - and a longer and healthier life.

Gentle and easy - that's the GVM's oscillating motion - inducing an effect on your legs, hips and trunk similar to going for a brisk walk.

The benefits of vibration therapy include:

- Increasing physical strength, dexterity, and endurance
- Increasing metabolism (fat burning capability)
- Increasing bone strength, density and protecting against osteoporosis
- Decreasing cellulite
- Increasing blood circulation
- Improving skin tone/tightness
- Lowering blood pressure
- Removing toxins by stimulating the lymphatic system
- Increasing mobility, flexibility, coordination and balance
- Reducing joint and back pain
- Relieving stress

Whole body vibration can be the key to achieving your fitness goals. Decades of research and use by health professionals in hospitals, physiotherapy and chiropractic practices have proven its effectiveness. It is being used by countless professional athletes to achieve peak performance. Celebrities and their trainers also swear by their vibration machines.

Compare our superior features!

- * **Higher power motor** - Maximum Power: 2.00 hp. Low-power motors in other machines will burn out under ongoing usage or heavy weight. The GVM is suitable for multiple users and individuals of all sizes.
- * **Able to accommodate up to 440 pounds (200 kg).** The GVM is built to last, with a strong frame and internal components.
- * **Taller frame, by 2" (5 cm).** A taller frame allows anyone, short or tall, to be comfortable using the GVM. Suitable for users 5 feet tall to well over 6 feet.
- * **It's safe!** Sturdy handholds, and multiple grip points allow for comfort and safety in a variety of exercise positions.
- * **Frequency Settings: 5 - 50 Hz**** - with adjustment in increments of 1/10 Hz. This provides more than enough range and fine adjustment to suit everyone from a beginner to a professional athlete.
- * **Preprogrammed workouts:** three preprogrammed routines are provided to make planning your sessions and getting in shape simple and straightforward.
- * **Including stretch bands & the only remote control** for floor exercises. You can do more than just the usual standing exercises, if you like, with the GVM. We give you the extras!
- * **Amplitude: 1 -12 mm.** just stand closer or farther from the center of the platform, and you can get a greater or lesser effect. This allows for easy adjustment anytime.
- * **Certification:** CE, ISO 9001 and UL approved for quality and safety.
- * **Warranty: 2 years.** We provide a safe, sturdy and powerful machine. We also back it up with a warranty equal to the best in the industry. You will enjoy the effects of your GVM for years to come!

Comparatively the best vibration machine you can buy!

Call now to find out how you can benefit from Good Vibrations 4 Life's amazing technology!



*Strong and safe!
Built to last!*

email us at: info@goodvibrations4life.com

Visit us on the web at: www.goodvibrations4life.com